







				Adult Day Cent
Monday	Tuesday	Wednesday	Thursday	Friday
Daily Schedule: 9-9:30am Breakfast 9:30-9:45am Pledge of Allegiance 12-1pm Lunch 2-2:30pm Snack 1:30-3pm Fun Daily Activities	Sittercise 9:45-10:15am Baseball & Trivia 9:45-10:15am Blackjack 10:45am-12pm Baking Club 11am-12pm Fun Games 1-2pm	All Day Hair Salon w/Camille Sittercise 9:45-10:15am Fun Games 9:45-10:30am Canvas of Life 10am-12pm Music w/Lynn 1-2pm Dog Therapy w/Georgie 1:30-2pm	Sittercise 9:45-10:15am Spa Day 10-11am Juke Box Joe 11-11:30am Muscle & Movement 1-1:30pm Karaoke w/Ann 1:30pm Fun Games 1:30-2pm	Chair Yoga w/ Carol 9:45-10:30am Belly Dancing 10:30-11am Turner Movies 11-11:45am Bingo 1-2pm
Game Hodgepodge 9:45-10:30am Watercolor Painting Creative Movement w/Miriam 11-12pm Dog Therapy w/Adam 1:30-2pm	Sittercise 9:45-10:15am Baseball & Trivia 9:45-10:15am Blackjack 10:45am-12pm Baking Club 11am-12pm Fun Games 1-2pm	All Day Hair Salon w/Camille Sittercise 9:45-10:15am Fun Games 9:45-10:30am Visit from Christ Church 11am Canvas of Life 10am-12pm Celebrating April Birthday's & Cake Music w/Lynn 1-2pm Dog Therapy w/Georgie 1:30-2pm	Sittercise 9:45-10:15am Spa Day 10-11am Juke Box Joe 11-11:30am Muscle & Movement 1-1:30pm Karaoke w/Ann 1:30pm Fun Games 1:30-2pm	Chair Yoga w/ Carol 9:45-10:30am Price Right 10:30-11am Turner Movies 11-11:45am Bingo 1-2pm
Fun Games 9:45-10:30am Watercolor Painting Creative Movement w/Miriam 11-12pm Dog Therapy w/Adam 1:30-2pm	Sittercise 9:45-10:15am Baseball & Trivia 9:45-10:15am Blackjack 10:45am-12pm Baking Club 11am-12pm Fun Games 1-2pm	All Day Hair Salon w/Camille Sittercise 9:45-10:15am Fun Games 9:45-10:30am Canvas of Life 10am-12pm Music w/Lynn 1-2pm Dog Therapy w/Georgie 1:30-2pm	Sittercise 9:45-10:15am Spa Day 10-11am Juke Box Joe 11-11:30am Muscle & Movement 1-1:30pm Karaoke w/Ann 1:30pm Melody Men 1:30pm Fun Games 1:30-2pm	Chair Yoga w/ Carol 9:45-10:30am Belly Dancing 10:30-11am Turner Movies 11-11:45am Bingo 1-2pm
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28	29	30	Fun Games: consists of Bocci,	Holidays:

Fun Games 9:45-10:30am Watercolor Painting Creative Movement w/Miriam 11-12pm Dog Therapy w/Adam 1:30-2pm

Sittercise 9:45-10:15am Baseball & Trivia 9:45-10:15am Blackjack 10:45am-12pm Baking Club 11am-12pm Greenwich Garden Club 1-2pm All Day Hair Salon w/Camille Sittercise 9:45-10:15am Fun Games 9:45-10:30am Canvas of Life 10am-12pm Music w/Lynn 1-2pm Dog Therapy w/Georgie 1:30-2pm Table Tennis, Axe Throwing, Lawn Darts, Bowling, Golf, Balloon Volleyball, Cup Pong/Skeet Ball,

and more!

4/1: April Fool's Day 4/12: Passover 4/13: Palm Sunday 4/18: Good Friday 4/20: Easter 4/22: Earth Day