

# River House Lunch Menu | March 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3/3		3/4		3/5		3/6		3/7	
Swiss Steak	1 ea	Cheese Baked Ziti	1 c	Chicken Tenders	3 ea	Beef Taco Meat	4 oz	Potato Crusted Pollock	1 ea
Whipped Potatoes	1/2 c	Carrots	1/2 c	Pinto Beans	1/2 c	Brown Spanish Rice	1/2 c	Tater Tots	1/2 c
Capri Vegetables	1/2 c	Spinach	1/2 c	Corn O'Brien	1/2 c	Fajita Vegetables	1/2 c	Cabbage	1/2 c
Wheat Bread	2 slc	Wheat Bread	1 slc	Dinner Roll	1 ea	Flour Tortilla	1 ea	WG Hamburger Bun	1 ea
Dried Peaches	1/2 c	Pineapple Tidbits	1/2 c	Fudge Crème Cookie	1 ea	Fresh Seasonal Fruit	1 ea	Applesauce	1/2 c
Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
Margarine	1 ea	Margarine	1 ea	Milk	8 oz	Taco Sauce	1 ea	Tartar Sauce	1 ea
				Ketchup	1 ea			Margarine	1 ea
3/10		3/11		3/12		3/13		3/14	
Turkey w/Gravy	3 oz	Herbed Chicken Leg Quarter	1 ea	BBQ Pork Riblet	1 ea	Meatloaf w/Tomato Gravy	1 ea	Ravioli w/Tomato Sauce	12 ea
Whipped Yams	1/2 c	Macaroni & Cheese	1/2 c	Ranch Beans	1/2 c	Whipped Potatoes	1/2 c	Green Beans	1/2 c
Corn	1/2 c	Capri Vegetables	1/2 c	Spinach	1/2 c	Cabbage	1/2 c	Carrots	1/2 c
Wheat Bread	2 slc	Wheat Bread	1 slc	WG Hot Dog Bun	1 ea	Dinner Roll	1 ea	Wheat Bread	1 slc
Applesauce	1/2 c	Diced Pears	1/2 c	Fresh Seasonal Fruit	1 ea	Pineapple Tidbits	1/2 c	Butterscotch Pudding	1/2 c
Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	4 oz
Margarine	1 ea	Margarine	1 ea			Margarine	1 ea	Milk	8 oz
								Margarine	1 ea
3/17		3/18		3/19		3/20		3/21	
Beef/Chicken Swedish Meatballs (0.5oz)	7 ea	Sweet & Sour Breaded Chicken	12 ea	BBQ Pork	3 oz	Tomato Basil Chicken Thigh	3 oz	Cheese Omlet	1 ea
Bowtie Noodles	1/2 c	Confetti Brown Rice	1/2 c	Cheesy Potatoes	1/2 c	Garlic Parmesan Orzo	1/2 c	Tater Tots	1/2 c
Brussel Sprouts	1/2 c	Broccoli	1/2 c	Cabbage w/Carrots	1/2 c	Green Beans	1/2 c	Spinach	1/2 c
Wheat Bread	1 slc	Wheat Bread	1 slc	Dinner Roll	2 ea	Wheat Bread	1 ea	Wheat English Muffin	1 ea
Fresh Seasonal Fruit	1 ea	Pineapple Tidbits	1/2 c	Vanilla Pudding	1/2 c	Fresh Seasonal Fruit	1 ea	Applesauce	1/2 c
Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
Margarine	1 ea	Margarine	1 ea	Milk	8 oz	Ketchup	1 ea	Margarine	1 ea
				Margarine	1 ea				
3/24		3/25		3/26		3/27		3/28	
Chicken Parmesan	1 ea	Honey Mustard Pork	3 oz	Philly Cheese Steak	1 ea	Turkey Chili	1 c	Potato Crusted Pollock	1 ea
Penne Noodles	1/2 c	Baked Pinto Beans	1/2 c	Oven Roasted Potatoes	1/2 c	Corn O'Brien	1/2 c	Brown Rice Pilaf	1/2 c
Broccoli	1/2 c	Cabbage	1/2 c	Carrots	1/2 c	Mixed Greens	1/2 c	Green Beans	1/2 c
Wheat Bread	1 slc	Wheat Bread	2 slc	WG Hot Dog Bun	1 ea	Wheat Bread	2 slc	Dinner Roll	2 ea
Pineapple Tidbits	1/2 c	Fudge Brownie	1 ea	Applesauce	1/2 c	Diced Peppers	1/2 c	Mandarin Oranges	1/2 c
Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
Margarine	1 ea	Milk	8 oz			Margarine	1 ea	Margarine	1 ea
		Margarine	1 ea					Tartar Sauce	1 ea
3/31									
Low Salt Ham	3 oz								
Sweet Potato Casserole	1/2 c								
Lima Beans	1/2 c								
Wheat Bread	2 slc								
Applesauce	1/2 c								
Milk	8 oz								
Margarine	1 ea								