



River House Lunch Menu December 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
12/02		12/03		12/04		12/05		12/6/24	
General Tso's Chicken	3 oz	Hamburger Patty	1 ea	Bourbon Pork	3 oz	Cheese Omelet	1ea	Chicken Chili	1 c
Confetti Brown Rice	1/2 c	American Cheese	1 slc	Ranch Beans	1/2 c	Oven Roasted Potatoes	1/2 c	Cilantro Lime Rice	1/2 c
Green Peas	1/2 c	Crinkle Cut Fries	1/2 c	Cabbage	1/2 c	Mixed Greens	1/2 c	Corn	1/2 c
Whole Wheat Bread	1 slc	Green Beans	1/2 c	Wheat Dinner Roll	2 ea	Whole Wheat Bread	2 slc	WG Tortilla	1 ea
Mandarin Oranges	1/2 c	WG Hamburger Bun	1 ea	Oatmeal Cookie	1 ea	Fresh Seasonal Fruit	1 ea	Applesauce	1/2 c
Milk	8 oz	Seasonal Fruit	1 ea	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
Margarine	1 pkt	Milk	8 oz	Milk	8 oz	Margarine	1 pkt		
		Ketchup	1 pkt	Margarine	1 pkt	Assorted Jelly	1 pkt		
12/9/24		12/10		12/11		12/12		12/13	
Potato Crusted Pollock	1 ea	Chicken Parmesan	1 ea	Low Salt Ham	1 ea	Sweet & Sour Beef/Chicken Meatballs (0.5 oz)	7 ea	Cheese Quiche	1 slc
Confetti Brown Rice	1/2 c	Penne Pasta	1/2 c	Sweet Potato Casserole	1/2 c	Whipped Potatoes	1/2 c	Red Bliss Potatoes	1/2 c
Diced Carrots	1/2 c	Green Beans	1/2 c	Corn	1/2 c	Broccoli Florets	1/2 c	Spinach	1/2 c
Whole Wheat Bread	1 slc	Wheat Dinner Roll	1 ea	Whole Wheat Bread	2 slc	Wheat Dinner Roll	2 ea	Whole Wheat Bread	2 slc
Seasonal Fruit	1 ea	Fudge Crème Cookie	1 ea	Diced Peaches	1/2 c	Fresh Seasonal Fruit	1 ea	Pineapple Tidbits	1/2 c
Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
Margarine	1 pkt	Milk	8 oz	Margarine	1 pkt	Margarine	1 pkt	Margarine	1 pkt
Tartar Sauce	1 pkt	Margarine	1 pkt						
12/16		12/17		12/18		12/1		12/20	
Cranberry Dijon Chicken Breast	1 ea	Cheese Baked Ziti	1 c	Beef Tips w/Gravy	3 oz	Dijon Herb Pork	3 oz	Three Bean Vegetable Chili	1 c
Brown Rice	1/2 c	Green Peas	1/2 c	Whipped Potatoes	1/2 c	Mashed Spiced Yams	1/2 c	Confetti Brown Rice	1/2 c
Brussels Sprouts	1/2 c	California Vegetables	1/2 c	Cabbage	1/2 c	Broccoli Florets	1/2 c	Carrots	1/2 c
Whole Wheat Bread	1 slc	Wheat Dinner Roll	1 ea	Whole Wheat Bread	2 slc	Wheat Dinner Roll	2 ea	Whole Wheat Bread	1 slc
Chocolate Chip Cookie	1 ea	Applesauce	1/2 c	Fresh Seasonal Fruit	1 ea	Mandarin Oranges	1/2 c	Fresh Seasonal Fruit	1 ea
Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz
Milk	8 oz	Margarine	1 pkt	Margarine	1 pkt	Margarine	1 pkt	Margarine	1 pkt
Margarine	1 pkt								
12/23		12/24		12/25		12/26		12/27	
Cheese Ravioli w/Alfredo Sauce	12 ea	Salisbury Beef w/Gravy	1 ea	BBQ Pork Rib Patty	1 ea	Mexican Style Chicken Breast	3 oz	Potato Crusted Pollock	1 ea
Green Peas	1/2 c	Scalloped Potatoes	1/2 c	Pinto Beans	1/2 c	Cilantro Lime Rice	1/2 c	Garlic Whipped Potatoes	1/2 c
Carrots	1/2 c	Cabbage	1/2 c	Broccoli	1/2 c	Mixed Beans	1/2 c	Mixed Greens	1/2 c
Whole Wheat Bread	1 slc	Wheat Dinner Roll	2 ea	WG Hamburger Bun	1 ea	WG Tortilla	1 ea	Whole Wheat Bread	2 slc
Fresh Seasonal Fruit	1 ea	Mandarin Oranges	1/2 c	Pineapple Tidbits	1/2 c	Fresh Seasonal Fruit	1 ea	Oatmeal Crème Cookie	1 ea
Milk	8 oz	Milk	8 oz	Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	1 ea
Margarine	1 pkt	Margarine	1 pkt	Margarine	1 pkt	Milk	8 oz	Milk	8 oz
								Margarine	1 pkt
								Tartar Sauce	1 pkt
12/30		12/31		1/01		1/2/24		1/3/24	
Beef/Chicken Meatballs w/Marinara Sauce (0.5 oz)	7 ea	BBQ Chicken Leg Quarter	1 ea	Turkey Brunswick Stew	3/4 c	Macaroni & Cheese	1 c	Beef Taco Meat	3 oz
Bow Tie Pasta	1/2 c	Cheesy Whipped Potatoes	1/2 c	Brown Rice	1/2 c	Pinto Beans	1/2 c	Spanish Rice	1/2 c
Broccoli	1/2 c	Corn	1/2 c	cabbage	1/2 c	Mixed Greens	1/2 c	Fiesta Vegetables	1/2 c
Whole Wheat Bread	1 slc	Whole Wheat Bread	2 slc	Wheat Dinner Roll	1 ea	Wheat Dinner Roll	1 ea	WG Tortilla	1 ea
Mandarin Oranges	1/2 c	Fresh Seasonal Fruit	1 ea	Chocolate Chip Cookie	1 ea	Diced Peaches	1/2 c	Pineapple Tidbits	1/2 c
Milk	8 oz	Milk	8 oz	Assorted Fruit Juice	4 oz	Milk	8 oz	Milk	8 oz
Margarine	1 pkt	Margarine	1 pkt	Milk	8 oz	Margarine	1 pkt	Sour Cream	1 ea
				Margarine	1 pkt				